

THE BEAUMONT NEWS

Official Newsletter of the Beaumont Residents Association

Volume 3, Issue 6

***Delivered Free to All Homes, Schools, Hospitals and
Commercial Premises in the greater Beaumont Area***

JUNE/JULY/AUGUST 2006



*St Fiachra's 6th Class together with Teacher Mr Ruane and Principal Mr Barrett.
The class raised €1,800 over the last year to send an in-calf dairy cow to Africa.*

**€000's
to be won
in this issue**

**Three Fantastic
FREE
Competitions Inside**

**Win Vouchers
for the Jervis
Shopping
Centre & Tesco**

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KID'S SPORTS & FUN SUMMER FEST

**Saturday, 24th June 2006 @ 2.00 pm
In Coolgreena Close Park**



Members Children Only, Aged 1 - 12 years
VARIOUS DISTANCE RACES TO SUIT ALL AGES

**Egg & Spoon Race • Penalty Shoot-Out •
Bar-B-Q • Wheel of Fortune • Bouncy Castle • Slide • Face Painting •
Garda Patrol Jeep • Fire Tender • Free Sweets • Ice Cream • Drinks •
Discount Shop • Glamorous Granny & Granddad Competition**

LOTS OF PRIZES, MEDALS & TROPHIES TO BE WON

**COME ALONG AND MAKE THIS A
GREAT DAY FOR THE CHILDREN !**

THE LAW ON OUR SIDE

FINANCIAL SERVICES

The Irish Financial Services Regulatory Authority (ITSRA), 6 – 8 College Green, Dublin 2, Tel: 1890 77 77 77, has taken over regulation of Financial Service Providers (including Credit Unions). Besides overseeing financial probity, they offer consumer advice, develop and enforce Codes of Practice, decide the permissible transaction charges, etc. Where they find an unfair practice is in operation they can order compensation to a customer even if the action happened many years ago. Check their website www.ifsra.ie and compare insurance quotes, bank charges and rates. The website also contains lots of good information on SSAs and pensions.

The recently established 'Financial Services Ombudsman' under IFSRA, will investigate written consumer complaints about the provision of a financial service.

The Ombudsman will try to resolve the issue by mediation or failing that by investigation and binding adjudication. Office of the Ombudsman is: Regus House, Harcourt House, Harcourt Road, Dublin 2. Tel: 1890 88 20 90. www.financialombudsman.ie

Consumer Credit: A loan must have a signed written agreement which set out the terms in full. A copy must be given to you and you have a 10 day cooling off period from receipt of the agreement during which you can withdraw from the agreement by giving written notice. If these requirements are not met the agreement will be unenforceable by the lender. Any lender is prohibited from visiting or calling your job, denying you access to credit references used in loan refusal, taking enforcement action without 21 days notice

Moneylenders must be licensed by the IFSRA and they can lose the licence for excessive charging or other unfair practices. You have a right to lodge complaints with the Director and object to their licence renewal.

LANDLORDS and TENANTS

New legislation governing the relationship between Landlords and Tenants recently came into force. It is overseen by the **Private Residential Tenancies Board (PRTB)**, Canal House, Canal Road, Dublin 6. Tel: 8882960. www.prtb.ie

Registration: All Landlords must register with this Board or face fines of up to €3,000 and €250 per day.

Tenure: During the first six-months of a tenancy the Landlord is free to terminate without reason. After that, and until the end of the fourth year, the Landlord will only be entitled to terminate a tenancy for a limited number of specified reasons which must be notified in writing. These reasons are:

- Tenant default of obligations after reasonable notice
- The Landlord intends to sell the property within three-months or requires it for a family member
- The Landlord plans substantial refurbishment or to change the use
- The tenancy is overcrowded

At the end of the four-year period a new tenancy comes into force but during the first six-months the Landlord once again has the right to issue a termination notice without citing a specific reason.

Where either side is terminating a tenancy a minimum period of notice must be given, (four-weeks during the first six-months rising to sixteen-weeks after four-years), but forfeited where the reason for termination is serious default of obligations by either side.

Rent: The rent set cannot exceed the open market rent for a similar property. It can only be reviewed once every twelve-months. Four-weeks notice must be given of a rent increase. The rent increase cannot be applied if the tenant has disputed the increase and referred the matter to the Private Residential Tenancies Board for adjudication.

Obligations: The Act also sets out the obligations of Landlord and Tenant regarding damage, repair, deposits, house insurance, maintenance, means of contact, refunds etc. Included is an obligation not to engage in or to allow anti-social behaviour which included persistent behaviour which interferes with the peace of neighbours. A neighbour is entitled to take a complaint to the Board for adjudication. Where a Tenant is not living up to their obligations under the Tenancy Agreement, and the Landlord is not taking action to deal with it.

Disputes: The dispute resolution process used by the PRTB is confidential and non-confrontational. Landlords, tenants and other third parties directly effected – including neighbours, can initiate the dispute resolution process. Landlords must be registered with the PRTB to use the dispute resolution service.

A dispute about any issue relating to a tenancy may be taken to the Board.



The process and procedure involves:

- A clarification by the Board of the matters in dispute.
- An offer of voluntary mediation
- Referral for binding adjudication to a Tribunal.

If a mutual agreement is reached at any stage, there will be a 28-day cooling off period before the agreement will become a formal determination of the dispute by the Board, with binding effect. Determinations by adjudication may include the award of costs and up to €20,000 in damages. Determinations can be enforced in the Circuit Court by the Board or by an individual. The person who initiates the process has to pay a fee of €25. Check out www.prtb.ie for more detailed information.

FREEDOM OF INFORMATION

Under the **Freedom of Information Act** any citizen is entitled to request access to any record held by a public body. The request must be made in writing and state that it is made under this act. No reason for the request need be given. The public body must respond to the request within a four week period (extendable for justifiable reasons to eight weeks). A request can only be refused on a number of specific grounds (e.g. confidentiality, security, being part of an ongoing deliberative process).

You can request for a review of a refusal and this must be dealt with by a more senior official within that body. A further appeal can be brought to the Information Commissioner, 18 Lower Leeson Street, Dublin 2, Tel: 6395689.

The Government have recently introduced charges for access to records; €15 for a request; €75 for review and €150 for an appeal. These are non refundable regardless of the outcome. In addition, a retrieval and copying fee may be charged by the Public Body in respect of records granted.

A person has a right to amend any inaccurate information held on their personal records.

Under the Act, every public body must have a reference book which describes the records which they hold and how a person might frame a request for access to those records. It must also publish the rules, guidelines and practices which it applies in reaching decisions on any scheme operated by the Public Body concerned.

Continued next issue

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THE 'NEW IRISH'

爱尔兰的中国人

Every time I write for BRA, I always feel I have a lot to say but putting it on paper is difficult. I find it hard to convey and express my Chinese feelings in English so I hope you will try to understand my feelings as a new Irish person.

Thanks Samuel Bolton (Committee colleague) for organizing a 'night at the dogs' for the BRA Committee. It was really one of my best times in Ireland. We had nice dinner, jokes and a lot of fun that night. And I really learned a lot from talking with the people in a social environment. I hope we can do it again sometime soon.

I finished my exams last week so I can have some deep breath now. I have just started working with a friend on a new Chinese Newspaper project. Hopefully the newspaper will be published in June. The mission of the newspaper is to reduce the gaps between the Irish and Chinese people and provide the opportunity to let two nations learn to know each other better and become friends. If both of us can communicate properly, clearly and effectively, great thing will happen. If we don't solve the problems we have now, they will only become bigger and greater. Problem such as: 90% of the Chinese people here in Ireland are under great stress and pressure because of the language and culture differences. They cannot get any help, most of the Chinese people don't know how to join Irish societies, they don't know where to spend their leisure time and have fun. I hope the new newspaper I am working on can do something positive to solve these problems. My experiences on the BRA Committee has helped me and I hope to help others.

I sincerely hope the Irish and Chinese people can and will become better friends.

James (Shichun) Chen



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BEAUMONTZ

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IF THE JAPANESE COULD DO IT THEN SO CAN WE!
... PRESENTING ...

BEAUMONTZ

Each line across
contains the letters
BEAUMONTZ
Each line down contains
the letters
BEAUMONTZ
And each panel of nine
contains the letters
BEAUMONTZ, there are
nine panels

EXAMPLE OF BEAUMONTZ

					A	E	M
					N	T	B
					Z	O	U
					O		
					B		
N	M	Z	A	B	O	T	U
					E		
					M		
					U		

BEAUMONTZ WINNER'S PRIZE

First correct winner out of
the hat will receive
€200 voucher for the
Jervis Shopping Centre

Competition open to BRA Members only

Closing date for receipt of
entries 3rd July 2006

Post entries into the BRA Post Boxes
in the Post Office and in the
Shell Shop

Our new competition is very like SUDOKU, which is the craze at the moment. The grid give clues as to which letter is missing from different lines.

Example, if a down line has BEAMNT in it then the missing letters in that line are UOZ, if the line diagonal to the square which has a missing letter in it has U and a Z in it then the missing letter in that square is O. Try it, you will get the hang of it after a while. When completed line by line keeps giving you extra clues, enabling you to finish the whole competition. Enjoy!

Name:

Address:

.....

.....

Phone No.:



Going for A Walk

By Fr. O'Gara

I was in the process of purchasing a lamp recently in the Atlantic Stores when a very nice young male assistant mentioned the fact that Thursday was reduction day for pensioners. He immediately added that it would not apply to me for some years of course, but one day it might be handy information. I was not sure if it was a complement or merely the fact that it was Friday and so I did not qualify on that score. Point is I have the pension book some seven years now and could have produced it to claim my reduction (on a Thursday only of course).

I wondered afterwards about the motives of the owners. Was it good will on their part to help pensioners out in some small way, or was it that there are now so many of us sixty something's that it makes good business sense to do special discounts on Thursdays? Seriously, who cares as long as we oldies are not taken for granted. After all we are so often told by politicians as to how important we are for what we have done in the past for the country. Mind you they say that only before elections.

I want to share a bit of a secret with you. I don't feel my age at all. Now it's true there are occasional days when I do look the ton but generally I don't ever feel my age. Very occasionally someone will remark; "well you really look well for your age" (the latter bit makes me wonder) but I still like to hear it said. If you have good health then that is all that matters. If you are also fit for your age then surely that is something which gives a real quality to your life. I attribute my good health mostly to regular exercise.



My father was a keen walker and it must have rubbed off on me. From a very young age I can remember my dad asking me did I feel like walking. He would take me either up the Cabra road or up the North Circular to the Phoenix Park, usually on a Sunday or a summer evening. I got to like the experience and never lost the taste for it. After my active years of sport and football I returned to walking in later life. I still head off for a walk each day for half an hour or so.

Times have changed and the car and T.V. have taken over most of our lives. We need the car to go to post a letter and we have to see our favourite soap nightly. All the while the medical people keep telling us we all need more exercise. We all need encouragement to make up our minds about more exercise. Apart from the fact it is the right thing to do here are some of my feelings about the topic.

- > Your energy levels will be topped up by regular walking.
- > It ensures that the body gets rid of toxins.
- > Blood flow to all parts of the body improves.
- > Walking helps reduce stress levels.
- > It stabilises blood pressure.
- > It assists weight control and dietary programmes.
- > You will sleep better after exercise.
- > You will experience a heightened level of well being.

The arrival of spring should be an additional help in motivating all of us to do something about exercise this year. There are of course other forms of physical activity and so the choice is personal. Walking is however, the most recommended by the medical profession. If you are tempted then to try walking as an exercise again may I warn you of the lazy inner voice which tells you there is no energy left for walking or that you must work instead. Pay no attention to such false advice. It's all about making a decision and following through on that decision. You will need good footwear so think of investing in a really comfortable pair of walking shoes or trainers. I prefer to walk on my own and walk at my speed but others love company. Whichever way you choose to do it, the important thing is let it happen. Finally, do enjoy it.

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www.thebeaumontnews.com

FAT IS A SCARY WORD!

By: Susie Boland



When you go shopping, what do you have in mind? When you're hungry, upset or angry, do you think of low fat foods or something that tastes good? Do you enjoy these low fat foods or would you really prefer a takeaway or chocolate? People are being falsely led into buying low fat and no added sugar foods by marketing campaigns. This doesn't necessarily mean they are good for our health. Why is obesity on the up in this country when the supermarkets are full with low fat foods? Are they working for you? Most diets don't work. They restrict you from what your body needs naturally and starves it of the nutrients it needs. Your body needs carbohydrates for energy but if we eat too many or too much of the wrong kinds of fats they will both store as fat. The answer is to eat good fats that can feed the brain, the skin and assist weight loss.

Essential fatty acids (EFA's):

Your body cannot make EFA's, we need to get them from the foods we eat hence the word *essential*. You've never heard of the term *essential carbohydrates* simply because they are not essential. These days the diet consists mainly of carbohydrates. The answer is to widen or vary the daily food plan. EFA's are fat burning agents. They speed up the metabolism along with regular exercise. Foods high in EFA's include: flax oil, sunflower and sesame oil, oily fish, dark green leafy vegetables, nuts, seeds, grains, soya beans and avocados.

Fats that should not be included in the diet:

Hydrogenated fats are finding their way into our homes via processed foods. It is a man made substance therefore we shouldn't be putting it into our bodies. It is a dangerous fat that some studies have shown to cause cancers, diabetes and cardiovascular disease. These bad fats or trans fats also contribute to weight gain and slow down the metabolism. Watch out for hydrogenated fats and oil in sweets, biscuits, crackers hard margarine spreads, and ice cream. So the answer is to eat natural fresh foods and to check food labels for as many natural ingredients as possible.

For more information on what foods to choose for good health, acquiring more energy and a high metabolism through a personal programme contact Susie.

SUSIE BOLAND is a qualified and accredited Fitness and Nutrition Consultant with over 25 years experience. Susie works as a personal Trainer from her studio or in your home Contact no. 01-8318011 or 086-85-80-500

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RADIO MASS FROM OUR LOCAL BEAUMONT CHURCH



Some local neighbours are disgusted and upset that they can no longer hear Mass from our local Beaumont Church. They were getting Mass on the radio every morning and this made them feel good and close to God and it was lovely to hear the voices of our local priests. It was a good start to the day for these elderly neighbours. It's not only us it's affecting they stated, but it's the same for all elderly, housebound people all around Ireland. They asked the question could anyone do something about this please?

ST. FIACHRA'S JUNIOR SCHOOL

Many thanks to all the children in St. Fiachra's Junior School who took part in our competition. You all did very well and it was rather difficult to choose the final winners. So Congratulations to the four finalists and our first prize goes to Rachel Kavanagh, second Sean Duffy, third Vivienne Pringle, and fourth Emer Keogh. We also wish to thank Bernie the Secretary and the teachers for helping to organise the competition.



SINCERE SYMPATHY
to all families who have suffered bereavement. You are in our thoughts and prayers.

NEIGHBOURHOOD WATCH

Beware of a white van driving around the area and men knocking on doors offering a service to do gutters. Quoting prices, which do not match up with their work. Also volunteering to drive an elderly person to the local post office or bank to withdraw money. Too many people locally and elsewhere have been conned. Seek the advice of your family or some good neighbour if you require any service.

TWO GOLD MEDALS FOR A SPECIAL PERSON

Congratulations to Desmond Heller of 7, Cooleen Ave. who won two gold medals for Pin Pong Bowling at the Special Games recently. Desmond will be our special person to open our Fun and Sports Day on Saturday 24th June at the Coolgreena Close Park.



THANKS TO SERGEANT JIM MURPHY FOR A GREAT DAY!

On behalf of the Beaumont Ladies we wish to thank Sergeant Jim Murphy and Stephanie for organising a Days Trip for our Senior Citizens on Thursday 18th May 2006. They were to go to Powerscourt or Bray but due to the dreadful weather conditions they went to Arthur Guinness's over off James Street. They went on a tour of the building etc. and up the lift to get a good view of Dublin. Before they left they were all given a drink and a souvenir. On then to the Lawless Hotel, Aughrim, Co. Wicklow, where they enjoyed a beautiful four course dinner, music and a dance. All had a good day.



CONGRATULATIONS

Congratulations to Aoife Lacy of 1, Coolgreena Close who married Chi Fai Wai on Saturday 27th May at Church of the Assumption, Howth Village, Co. Dublin.



Aoife Lacy and Chi Fai Wai on their Wedding Day

BRA CONTACT DETAILS
Email: news@thebeaumontnews.com
www.thebeaumontnews.com

Elderly Neighbours



If you have an elderly neighbour living alone nearby please call in and spend a little time with them. It can bring so much happiness to them to know that some cares.

AT THE DOGS

The committee recently enjoyed a 'night at the dogs' in Shelbourne Park. The night was organised by Samuel Bolton and Deirdre Higgins. A great time was had by all.



Joan Ennis, Deirdre Higgins, Noreen Maher and Phyllis Redmond with Councillor John Mahon at the Dublin City Council in the ABFRC

Dublin City Council recently hosted a 'social evening' in the ABFRC to honour the many 'Unsung Heroes' in the north central area. The 'Unsung Heroes' are individuals involved in community activities. Myself and a number of committee colleagues attended the function which was most enjoyable – food, refreshments and dancing.

BRA Membership Cards will be delivered to all members within the next few weeks. Sorry for the delay. The new cards look very smart and worth waiting for!

Best wishes to all the students in the area sitting examinations at this time, particularly those sitting the Junior and Leaving Certificate. We hope they will achieve their goals and not get too stressed in the process. Our thoughts are also with their parents who are also under exam pressure at this time.

A big welcome to the many 'non nationals' and 'non homeowners' who have joined our Association this year. You are very welcome!. We will be delighted to assist you in whatever way we can. Please let us know if you have any problems or issues that you feel the Association can assist with. Contact myself or any Committee Member, contact details in this Newsletter.

Download your copy of
The Beaumont News at
www.thebeaumontnews.com

More News in Our Next Newsletter



Beaumont House Golfing Society

By Paul Fitzsimons



The Beaumont House Golfing Society will be 25 years old next year. We hope to celebrate this event with all due pomp, ceremony and probably music and beer at some stage during our season next year.

Each year we have 9 outings to various courses in the Leinster area and organise bus transport from the Beaumont House there and back. These outings usually consist of a round of golf, a meal and some refreshments (mainly beer!) and then some good music and pretty questionable singing by some of the members (some of them are actually quite good though!). The Society is open to all local golfers both male and female at a current annual membership subscription of just 50 Euro. The membership comprises of golfers of varying ability so every level is catered for from beginner to old campaigner with prizes in a number of classes as well as the overall awards.

This year we have already had three outings - Beaverstown, Highfield and Killeen, all of which have been a great success. Our next outing is the Captains Day to Kilkea Castle on 24th June followed by Rathcore in July and the Presidents Day at Co. Meath Golf Club in August. We finish off the season with outings to Edenderry, Kilcock and Forrest Little for our turkey outing.

Last year for the first time we organised, in conjunction with the Comet Golf Society, a Ryder Cup type match between the two societies. We lost in a playoff but are determined to win the trophy back this year. An Taoiseach, Bertie Ahern, kindly presented the prizes to the teams at a function in the Beaumont House which was very well attended on the night of last years match. Our thanks also go to Mr. Dermot Carew of the Beaumont House for making his premises available for meetings and functions as well as his continued generous sponsorship of the society.

We are also organising a fundraising golf classic on 15th July at Sillogue Golf Course. Teams of four will cost 160 Euro or 40 Euro each for individual participants who we will place on a team. We are also looking for sponsorship of this classic at 50 Euro a hole, so if there are any local

businesses out there who wish to avail of some cheap advertising not to mention tremendous goodwill from our membership please contact one of the committee members below.

If you would like to join the society, play in the classic or sponsor a hole at the classic please contact one of the committee members. There is normally at least one present in the bar of the Beaumont House on most weekend nights.

This year's committee is: Sean Moore, President. Paul Fitzsimons, Captain 2006. Colm Dolan, Hon. Secretary. Michael Dungan, Treasurer. Charles Elston, Vice Captain 2006. Alan Eglington, Glen Brady and Tom Redmond.

TIDY TIME

By: Tony King, Tidy Districts
Spokesperson



Last years efforts in the Tidy Districts Competition got favourable mention by the Judges. Thanks to all who helped by controlling the litter, planting flowers and sweeping up their house fronts. Shantalla Road has improved its litter problem by the having additional litter bins erected and early collection of litter by Dublin City Council workers. An increase in flowers planting has taken place in Coolatree Park. As the Port Tunnel works are nearing completion, an extra effort this year to brighten up the shop fronts would be appreciated, e.g. repainting, hanging baskets, flower pots or decorative litter bins outside individual shops. How about a "Beautify Beaumont" campaign! Expressions of interest to myself c/o The Beaumont News, post into our Post Boxes in the Post Office and the Shell Shop. All are very welcome to volunteer in whatever way they can. I look forward to hearing from you soon. Happy Tidying!

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Letters to the Editor

DEAR EDITOR

You might like to share the following with your readers. We all need to take a little time out from our busy lives and re-assess what is important. Life goes by too quickly to take it for granted.

IF I HAD MY LIFE TO LIVE OVER - **by Erma Bombeck**

(written after she found out she was dying from cancer).

I would have gone to bed when I was sick instead of pretending the earth would go into a holding pattern if I weren't there for the day. I would have burned the pink candle sculpted like a rose before it melted in storage. I would have talked less and listened more. I would have invited friends over to dinner even if the carpet was stained, or the sofa faded.

I would have eaten the popcorn in the 'good' living room and worried much less about the dirt when someone wanted to light a fire in the fireplace.

I would have taken the time to listen to my grandfather ramble about his youth.

I would have shared more of the responsibility carried by my husband.

I would never have insisted the car windows be rolled up on a summer day because my hair had just been teased and sprayed.

I would have sat on the lawn with my grass stains.

I would have cried and laughed less while watching television and more while watching life.

I would never have bought anything just because it was practical, wouldn't show soil, or was guaranteed to last a lifetime.

Instead of wishing away nine months of pregnancy, I'd have cherished every moment and realized that the wonderment growing inside me was the only chance in life to assist God in a miracle.

When my kids kissed me impetuously, I would never have said, "Later. Now go get washed up for dinner." There would have been more "I love you's" More "I'm sorry's."

But mostly, given another shot at life, I would seize every minute...look at it and really see it ... live it and never give it back.

STOP SWEATING THE SMALL STUFF!!!

Don't worry about who doesn't like you, who has more, or who's doing what.

Instead, let's cherish the relationships we have with those who do love us.

Let's think about what we have been blessed with, and what we are doing each day to promote ourselves mentally, physically, emotionally.



WINNING LETTER

A thought for Teachers

Well here we are again at the start of the long school holidays. No doubt we are all looking forward to the break from the early morning routine and the rush to get all the little ones up and out for school on time. September seems a long long way away. We have a long relaxing summer ahead of us. This is the time of the year when we all wish we were teachers. Long holidays and short working days. Now fast forward to say the middle of July. The novelty of being at home every day has worn off. The weather has not been as good as you had hoped. If you hear one more child say "I AM BORED. I HAVE NOTHING TO DO" you will scream. The house is never tidy, the kids are fighting, and the food won't stay in the fridge. There is no routine to the day. They can't go outside because it is raining or their best friend is gone to Spain for two whole weeks and you never bring your kids anywhere nice. If you were to believe your kids everyone else gets to go on nice holidays except them. Everyone else's Mam and Dad find cool things to do every day of the long holidays. You are at your wits end trying to keep them occupied. You cannot come up with new games or tasks that will keep them busy for more than a few minutes. You resort to leaving them in front of the TV more than you thought you ever would. You only have the kitchen cleaned and they want



you to bake with them or let them play with water in the sink. You set it up and they change their mind!!!

You start to wonder how other parents occupy their kids all day long day in and day out. You think it wouldn't be so bad if it was only say for 4 or 5 hours a day although even that would be tiring trying to keep them constantly busy for that length of time. Now start to think how you are feeling by the middle of August. You wish you could get them to bed at a reasonable hour so you could have some time alone or with your partner. You wish you could get them up in the mornings so you could get the beds made and the breakfast over. NOW YOU ARE STARTING TO WISH IT WAS SEPTEMBER again. You are wondering how the teachers manage to do it and you are starting to think not only do they deserve the long holidays but a gold medal as well. Enjoy the summer!

**** And just to let you know I am not a teacher nor would I be for all the money in the world!!**

ADULT LITERACY

As you settle down to read your Beaumont News you might consider the adults in our community who cannot read or write. It may be difficult for you to believe that there are adults out there who cannot read or write. Bright articulate people who somehow fell through the educational net. Some because they missed a lot of school through illness, some who had special needs that were never recognised, even some who were just so shy and quiet in school they were ignored in the corner. There are people in our community who have held down jobs, run successful businesses and reared families without anyone except perhaps those closest to them knowing they have literacy problems. How do I know this? Because last year I started doing work with an Adult Literacy Scheme as a volunteer literacy tutor. There are hundreds of these schemes all over the country helping adults develop their reading and writing skills. You can only imagine the courage it takes for an adult who has hidden this problem for years to walk in and say they would like to learn to read and write. I work on a one to one scheme where a tutor works with an adult at a pace that is geared to the level of the student. It is an amazing thing to watch someone develop confidence and self esteem as they work from week to week and realise they are not stupid and that with help and guidance (and a lot of hard work and

commitment from themselves) they will be able to do the things the rest of us take for granted. To see a young mother so happy that she can read the note sent from the school with her child or to hear a man in his 50's proudly read the newspaper headlines for the first time in his life is something to do your heart good. A lot of these students move on from the one-to-one tutoring when they feel they are ready and study computers or junior cert English or a variety of other courses. Make no mistake it is not an easy road for them but they come away with literacy skills, confidence, self-esteem and at last they feel they are not outcasts or different from everyone else. If you know someone who needs help with literacy skills you can get more information from the National Adult Literacy Agency at www.nala.ie

STRANGE BUT TRUE

We have all heard the expression "A Load of Cock and Bull" but where did it come from? Well in the early 20th century all or most long distance travel was done on horseback or horse drawn carriages. Well in England if you were travelling from Manchester to London or vice-versa the journey could not be done in one day. So passengers had an overnight stay in a Tavern called "The Cock and Bull". At dinner time passengers told stories of life in either city and it is said that if you did not believe their tales your described it as a load of cock and bull. Strange by true!

Download your copy of The Beaumont News at

www.thebeaumontnews.com

My Years in St. Fiachra's Junior School



**By: Rachel Kavanagh
(1st Prize)**

When I started school I was nervous. The first friend I made was Alison. My teacher, Miss O'Dowd kept getting our names mixed up. I had lots of lovely friends. The first poem I learned was "if you should meet a crocodile". We had a teddy bear picnic. It was great fun. Mrs Boyle was a very good principle. In Senior infants we went to New grange farm. There was a hay maze and lots of different animals. We dressed up at Halloween and we had fun games. In first class we had a bouncy castle for our sports day. We had dancing, races and games like musical chairs. Christopher got caught in the net of the bouncy castle. The choir won a singing competition. In 2nd class we had our first science day. We made our Communion last Saturday. We made our first Confession. We had our Enrolment ceremony. I love St. Fiachra's school.

**By: Sean Duffy
(2nd Prize)**

Since I started in Senior infants I knew I would have a great time at St. Fiachra's. I may not be here as long as everybody else but I still give St. Fiachra's 10 out of 10. where I used to love the school I went to never had after school activities and in this school we do. Both schools are different in ways. I really don't know which is better because I was in my old school for one year and in St. Fiachra's for three years (and going on). In my old school I wasn't there long but I still thought it was really fun. I thought it wasn't going to be good moving to St. Fiachra's but when I got to St. Fiachra's it wasn't that bad.



**By: Vivienne Pringle
(3rd Prize)**

I have been in St. Fiachra's for four years. I like my school because we have nice teachers. My first teacher was Miss Prendergast she was a very nice teacher. My first year was a bit scary but when I went in I knew a few people from playschool. I liked Junior infants because we were able to bring in a cushion and she would read us a story. My second year I had the same teacher and I knew everybody. I made two best friends Aoife and Ellen, we always played with each other. Every year I hated getting more homework. I loved my school tour in Senior infants because it was my first time at a farm. In first class I had a teacher called Miss Savage. She was great as a teacher and she was very sporty and tall. In first class we had sports day and raced Miss Savage up a bouncycastle. I liked the Jack and the Beanstalk play as well. The class I am in now is room 20. I have two teachers. Mrs Farrell and Mrs Carberry. Mrs Farrell organises great science and Mrs Carberry brings in books. I like my teachers now because you get to see two. I would never wish to move school in life and this is stuff about St. Fiachra's.



**By: Emer Keogh
(4th Prize)**

My name is Emer Keogh. I am 8 years old. I go to St. Fiachra's. the first day I went to Junior infants. I was all happy. We got in the car and went to St. Fiachra's. when we got there and when my Mam and Dad had to go I started to cry. Then my teacher Miss Doyle came over and gave me some toys and I will never forget the first words she said to me. She said "It is ok your Mam will be back later". When we went into 1st her name was Mrs Bartlett because she got married. In senior infants we learned how to write and colour. We did lots of work then. The good thing was we still had the same teacher the bad thing was we had to do work and the really bad thing was we go homework. When we were going into 1st we were sad and happy. We were sad because we were leaving senior infants but we were happy to be going into 1st. When we were leaving we were all sad and I was sad to be leaving a very nice teacher. In 1st class everything was new and we got a new class room. We also got a new teacher called Miss Connaughton. She was a nice teacher. She was a good singer and she taught us lots of songs and at the end of the year we done a concert for all the Mams and Dads. In 1st we were all happy because we were going into 2nd and because we still had Miss Connaughton.



ESSAY COMPETITION

2nd Class, St. Fiachra's Junior School

*Congratulations to our Competition Winners
and many thanks to all the students who
entered the competition.*

BRA COMMITTEE MEMBERS & ROAD REPS 2006

COMMITTEE MEMBERS

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Chris Foy
Phyllis Redmond
Samuel Bolton
Deirdre Higgins
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Connie Butler
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Nancy Noone
Sean Mullen
Tom Doyle

26 Coolgreena Road
101 Coolgreena Road
62 Coolrua Drive
52 Coolrua Drive
56 Coolrua Drive
49 Coolrua Drive
19 Coolrua Drive
11 Beaumont Crescent
47 Beaumont Crescent
67 Dromawling Road
22 Coolatree Park
36 Coolatree Park
58 Shantalla Road
95 Coolgreena Road
13 Shantalla Drive
124 Beaumont Road

Tel: 8374590
Tel: 086-8575814
Tel: 8371270
Tel: 8373616
Tel: 8375301
Tel: 8375857
Tel: 8374293
Tel: 087-6398816
Tel: 8371396
Tel: 8375919
Tel: 8373990
Tel: 8378436
Tel: 086-3561301
Tel: 086-8272825
Tel: 087-9409652
Tel: 8378222

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Margaret Doyle
Thomas Hopper
Aidan Buckley
Roger Farrell
Laura Ennis
Lorraine O'Toole
Frank Gurry
Bobby Ennis

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64 Coolrua Drive
4 Beaumont Grove
31 Shantalla Road
25 Dromawling Road
47 Beaumont Crescent
Cooleen Avenue
51 Cooleen Avenue
47 Beaumont Crescent

Tel: 8420029
Tel: 8373058
Tel: 087-2377215
Tel: 8372269
Tel:
Tel: 8371396
Tel: 8368868
Tel: 8377822
Tel: 8371396

COMMITTEE MEMBERS AND ROAD REPS WILL BE DELIGHTED TO ASSIST YOU

Should satisfaction not be forthcoming from your official Service Provider (Dublin City Council, Dublin Bus, Gardaí, etc.) please call our relevant Spokesperson. He/she has relevant expertise in a particular sector. The Spokesperson will liaise with the relevant Authority on your behalf and endeavour to expedite a solution. Please understand; you should contact the Spokesperson only when you have exhausted the normal channels – they are not a 'first port of call'.

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- **PLANNING**
Planning Permission Matters etc:
Joan Ennis Tel: 8371396
- **CRIME**
And Associated Matters:
Deirdre Higgins
Tel: 087-6398816
- **TIDY DISTRICTS**
Trees/Grass Cutting etc.
Tony King Tel: 8378436

First Holy Communion

Congratulations to the boys and girls of St. Fiachra's Junior School who made their First Holy Communion in May 2006



Miss Caulfield's Class



Jamie Noone



Aoife Tuohy



Eoin Curran



Joshua Kenny



Jordan O'Brien



James Mulcahy



Garreth Moran



Oral McDonnell



Gavin Christian

EDITOR'S EPILOGUE

It wasn't looking good through most of May, non-stop rain and floods for what felt like months and even the weather forecasters were feeling embarrassed by the very negative and dreary news they were dishing out night after night. Just then, when we were in our deepest depression and without any great warning, the sun explodes in blazing glory and vengeance. Suddenly the country goes wild with excitement, shops struggle to maintain stocks of summer stuff, smoke billows from Bar-b-Qs in back gardens, crowds swarmed the beaches, canals and rivers gurgle with shoals of spanking white bodies desperate to cool themselves and get an Irish tan (sunburn), many students shaving their heads resulting in serious consequences for some sitting examinations. The mad craze and exuberance sparked off by the unexpected appearance of the sun was truly potent and unstoppable. One could be forgiven for thinking that Ireland had by some loophole exploited by a vigilant Barrister in the Supreme Court, qualified for the World Cup. It's amazing how exhilarated people can feel with a sudden blast of sun after a sustained period of rain and grey skies. The scenes were reminiscent of Italia 90. *The Beaumont News* also got caught up in the summer madness and is giving away €600 in competition prizes in this issue. The competitions are open to BRA Members only so if you have not joined you should do so now – it costs only €10. There are three separate competitions.

The annual 'Sports & Fun Fest' is a big day for our younger members. Make the effort to bring your children along, it's a great day and everything is free. The event is for Members children only – it is embarrassing for children of non members to be refused admittance.

A big welcome to Susie Boland, Fitness Instructor, Nutrition Consultant and Personal Trainer, who has agreed to contribute articles on Fitness & Health to *The Beaumont News*. She has also joined the BRA Supporters and will give special attention and special discounts to BRA Members including; first consultation / assessment free and thereafter it is €40 per hour for Personal Training. Many of us would benefit from a visit to Susie.

Update on Community Support for Older People (CSOP) This is a grants scheme available from the Department of the Gaeltacht and Rural Affairs, aimed at assisting people over 65 years of age to purchase personal alarms (pendants) security lights, door and window locks. All of these items are designed to make older people more secure in their own homes. If there are any Members in our area who would benefit from any of the aforementioned security devices, we



would be pleased to assist you. We will make application for a grant on your behalf. The grant means that you can get a security device supplied and fitted for Free. Monitoring charges for Pendants (Personal Alarms) are not free and cost about €66 per annum and must be paid in advance by the individual. We believe it is a small price to pay for security and peace of mind. Applications are now being accepted by the Department throughout the year – previously there was only one application accepted per annum. Application must be made through BRA and the information needed from you is: Name, Address, Date of Birth, and Tel. No. You can drop this information into our Post Boxes in the Shell Shop or in the Post Office or any member of the committee, for my attention.

I wish all our Members and readers a great summer and enjoyable holidays. Please take care and look out for your neighbours.

Until the next time..... Des Maguire

FREE COMPETITION

€200 Voucher Winners Prize (Open to BRA Members only)

Answer the following questions:

1. What big summer event is being held on 24th June 2006
2. What is the PRTB
3. Where can you get Gel Nails
4. What are EFA's
5. Who will celebrate their 25th Anniversary in 2007
6. Who supplies and fits Free Smoke Alarms
7. Where can you have your Jewellery remodeled
8. Name the group of girls that created history recently by winning a trophy
9. Who won two gold medals for Bowling
10. What time on Saturdays is the Early Bird Menu served in Beaumont.

Answers can be found in this issue of *The Beaumont News*.
Closing date for entries: 3rd July 2006

Post entries into BRA Post Boxes in the Post Office and in the Shell Shop.
First correct entry drawn from the hat wins a €200 voucher for the Jervis Shopping Centre. Make sure to put your Name, Address and Phone No on your entry.

Kathleen Maguire and Family Coolgreena Road, wish to thank most sincerely the wonderful neighbours for their almost overwhelming kindness and support on the occasion of the death of her mother Annie McGrath. It is so comforting to know one is living in the midst of such lovely people. Mass will be offered for your intentions.

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5. **BEAUTYLICIOUS.** Tel: 8040404: 10% discount on treatments in excess of €20 (except Sunbed Treatments).
6. **MURPHY JEWELLERS.** Tel: 8426197:
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Photos to Stir Your Memory



On his way to the pub in 1958



Girl (and dog) 1967



Mother & Child 1960



Girl & Boy 1961



Two little boys 1962



Children on Coolatree Park 1965



Newsagents & Pub 1970s



Landmark building 1960



Post Office & Beaumont Mart 1980. Who owned the Beaumont Mart?



Sports Day in Dromawling Park 1984. Name one person?



Sports Day in Dromawling Park 1984. Name one person?

COMPETITION

For the 'Over 65's'

**€200 Tesco Voucher
Winner's Prize**

Name the people / shop / building in the photos

THE ENTRY WITH THE MOST CORRECT ANSWERS IS THE WINNER

Entries together with your Name, Address and Telephone No. should be posted into our Post Boxes in the Shell shop or Post Office.

Closing date: 10th July 2006

Competition open to **BRA Members only** and must be 65 years or more.

If you can identify any of the people in the photographs, please let us know. If you have any old photographs you would like to share with the community, we would be delighted to receive and publish them. We promise to take good care of them and to return them to you safely. We are particularly interested in photographs from the 1950s, 1960s and 1970s.

A "FEAST" OF SPORT

By: Noel Ellis

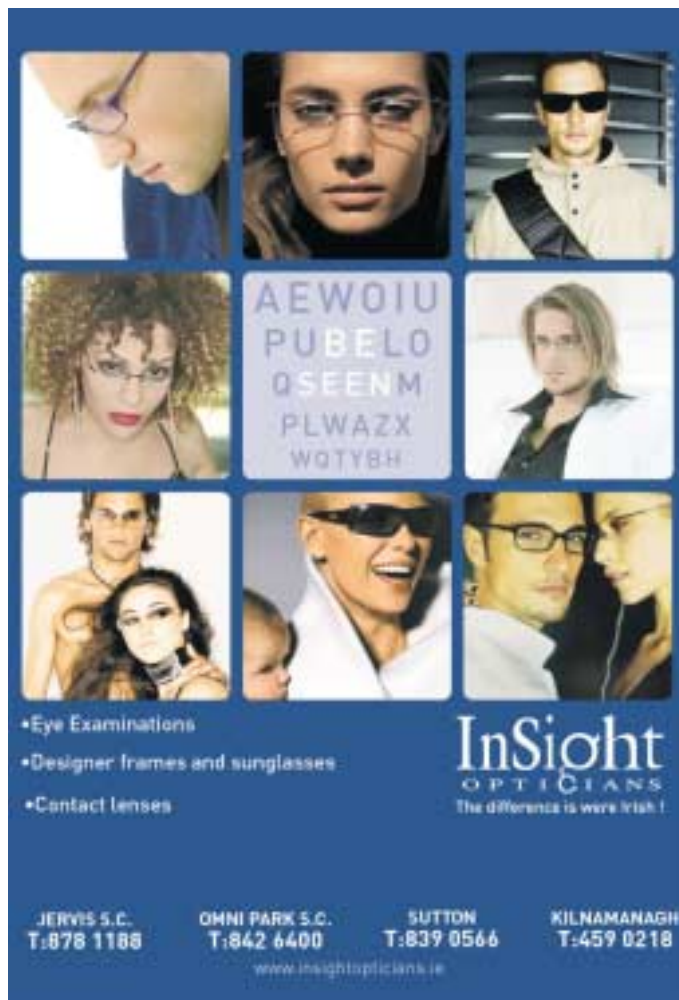
Anyone passing by the playing fields of Dublin during the last weekend in April and the first two weekends in May would have witnessed a frenetic level of activity. The annual Féile competitions are held at this time of the year. The word Féile translates as Feast or Festival, and this is a true reflection of what takes place. The Féile involved boys and girls, under 14, participating in a weekend tournament in Gaelic Football, Hurling and Camogie.

Whitehall Colmcille's were proudly represented in gaelic football and hurling by a fantastic bunch of young boys who performed heroically over the two weekend. In the football competition they lost by a single goal to the eventual winners Erin's Isle. The hurlers qualified for the semi final where they lost out to Kevin's HC. Pride of place, however, goes to the Camogie team, who created history by bringing the first ever Camogie Féile trophy back to Collins Avenue. The Whitehall girls were playing in Division two and many of them had played in the 2005 final where they lost to Erin's Isle.

Emerging as winners from a group containing Naomh Barróg, Kilmacud Crokes and Raheny, Whitehall faced their great local rivals St.Vincent's in the semi final. Despite trailing by two goals at half time, Whitehall put in a storming second half to emerge victorious and qualify for a re-match with Naomh Barróg, whom they had beaten in the group stages.

The final was a tension-filled affair, played in St.Vincent's Ground. Despite a tremendously brave performance by Naomh Barróg, Whitehall came out on top by two points setting off wild scenes of celebration among their large group of supporters.

Great credit is due to all the players involved in representing the club. Fantastic behind the scenes work was done in preparing the pitches for the Féile (Whitehall hosted the hurling and camogie in Ellenfield). Shay Curtis and his comrades deserve the highest praise for their efforts. Trojan work was done too by Conor Grey (Juvenile Secretary) and Colette O'Donovan (Camogie Secretary) in organising the logistics. Great support was provided by parents and club members in ensuring that refreshments were provided to our visitors. Finally, hats off to the team mentors – Tom O'Connor, Neil O'Donoghue and Martin Stynes who looked after the hurling and football, and Claire Scally and Ronnie Leonard who managed the Camogie team.



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